

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai) Kaikkurichi, Pudukkottai -622 303

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# **NAAC DOCUMENTS**



Quality Indicator Frame Work

## Criterion – 5

## **Student Support and Progression**

Submitted by

# IQAC Internal Quality Assurance Cell

Sri Bharathi Engineering College for Women



(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai-25) Kaikkurichi, Pudukkottai, Tamil Nadu – 622 303, India

#### ACADEMIC YEAR (2019-2020) /ODD SEMESTER

#### 5.1.2 LIFE SKILLS

S.NO	TOPIC	CONTENT	PAGE NUMBER
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1.	Physical and mental health	STUDENT PARTICIPATION LIST	5-11
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SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN (Approved by AICTE-New Delhi & Affiliated to Anna University, Chennai) KAIKKURICHI, PUDUKKOTTAI-622 303

#### **CIŘCULAR**

#### Date: 20-09-19

Sri Bharathi Engineering College is going to organize a Life skill awareness programme on "**Physical and Mental Health**" on Tuesday, 24<sup>th</sup> September 2019 at 9.45am in our college premises in association with YRC. In this regard all Students and Faculty Members are invited to attend the program in our college auditorium.

PRINC

PRINCHOLI SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN KAIKKURICHI - 622 303. PUDUKKOTTAI DISTRICT

Cc:

All Faculty Members All I, II, III & IV Year B.E Classes IQAC Coordinator YRC Coordinator/ YRC File Notice Board Office File

Dr. S.THILAGAVATHI M.E., Ph.D., PRINCIPAL SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.



(Approved By AICTE, New Delhi & Affiliated to Anna University, Chennai)

#### KAIKKURICHI, PUDUKKOTTAI 622 303.

Gordially invites you for the

#### Life Skill Awareness Programme

On

# "Physical and Mental Health"

In Association with YRC and Inner Wheel Club of Pudukkottai On

24<sup>th</sup> September 2019, Tuesday @ 9.45 am

at College Auditorium, SBECW

#### **GUEST OF HONOUR**

**DR.D.PARIMALA DEVI, M.D., DGO.,** Dean, Medical College, Pudukkottai, Special Advisor, Pudugai Poongothu

#### MRS.LAKSHMI NEDUNCHEZHIAN.,

President, Pudugai Poongothu

Sn the Presence of Mr.G.Dhanasekaran Chairman, Sri Bharathi Educational Institutions Dr.S.Thilagavathi.M.E, Ph.D Principal, Sri Bharathi Engineering College for Women Mr. A. Krishnamoorthy Trustee, Sri Bharathi Educational Institutions

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Dr. S.THILAGAVATHI ME., Ph.D., PRINCIPAL SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.



(Approved By AICTE, New Delhi & Affiliated to Anna University, Chennai) Kaikkurichi, Pudukkottai- 622 303.

#### AN AWARENESS PROGRAM ON PHYSICAL AND MENTAL HEALTH

#### ATTENDANCE LIST

Date: 24.09.19

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#### **CO-ORDINATORS**

1.Mrs.V.Nithya Poorani AP/ECE -

2.Mrs.R.Padmarani AP/CIVIL

Dr. S.THILAGAVATHI M.E., Ph.D., PRINCIPAL SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.

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PRINCIPAL SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN KAIKKURICHI - 622 303. PUDUKKOTTAI DISTRICT



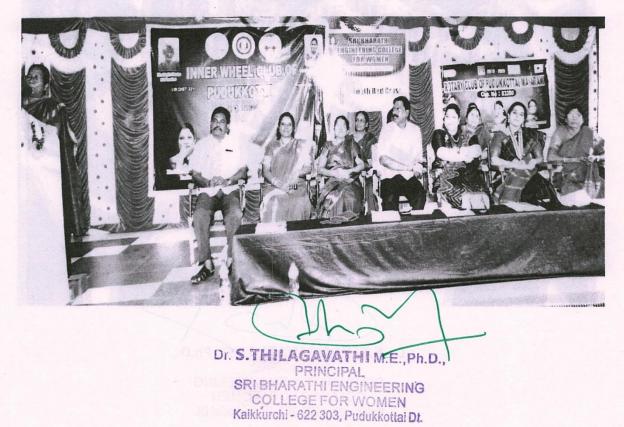
SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN (Approved By AICTE, New Delhi & Affiliated to Anna University, Chennai) KAIKKURICHI, PUDUKKOTTAI-622 303

#### Life Skill Awareness Programme on "Physical and Mental Health"- Report

No. of Participants: 231 Venue: Auditorium Date: 24.09.2019

A Life skill awareness programme on "Physical and Mental Health" was conducted in our college campus on 24<sup>th</sup> September 2019. The program was organized by Sri Bharathi Engineering college for Women jointly with Youth Red Cross and Inner Wheel Club of Pudukkottai. The Chief Guest of this programme was Dr.Parimaladevi, Dean Medical College, Pudukkottai & Mrs.Lakshmi Nedunchezhian President, Pudugai Poongothu. The speech was about physical and mental health and she advised the students and Faculty members to take care of their health and maintain regular checkup to their parents too. She interacts with the students and clarifies their health related doubts.

231 students and Faculty members had participated in the program and got benefited.





PRINCIPAL SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN KAIKKURICHI - 622 303. PUDUKKOTAI DISTRICT



(Approved by AICTE-New Delhi, Affiliated to Anna University-Chennai, India) **Kaikkurichi, Pudukkottai – 622 303** Website: <u>www.sbec.edu.in</u> Email:sribharathienggcollege@gmail.com

Certificate of Participation

This is to certify that <u>Ms. VINOTHINI.V II /EEE</u> has participated in the Life skill awareness programme on "*PHYSICAL AND MENTAL HEALTH*" organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Youth Red Cross, on 24<sup>th</sup> September 2019 during the academic year 2019-2020.

J.K. On **CO-ORDINATOR** 

ATHIM.E. Ch.D., D. S.THILAGAV

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PRINCIPAL SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.



(Approved by AICTE-New Delhi, Affiliated to Anna University-Chennai, India) **Kaikkurichi, Pudukkottai – 622 303** Website: <u>www.sbec.edu.in</u> Email:sribharathienggcollege@gmail.com

Certificate of Participation

This is to certify that <u>Ms. NIROSHIKA.R 1/CSE</u> has participated in the Life skill awareness programme on "*PHYSICAL AND MENTAL HEALTH*" organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Youth Red Cross, on <u>24<sup>th</sup> September 2019</u> during the academic year 2019-2020.

J.K. Dr **CO-ORDINATOR** 

U. S.THILAGAVATHIM.E., PR.D., PRINCIPAL SRI BHARATHI ENGINEERING

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COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.



(Approved by AICTE-New Delhi, Affiliated to Anna University-Chennai, India) **Kaikkurichi, Pudukkottai – 622 303** Website: <u>www.sbec.edu.in</u> Email:sribharathienggcollege@gmail.com

Certificate of Participation

This is to certify that <u>Ms. PRIYANGA. R I/ECE</u> has participated in the Life skill awareness programme on "PHYSICAL AND MENTAL HEALTH" organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Youth Red Cross, on <u>24<sup>th</sup> September 2019</u> during the academic year 2019-2020.

J.K. Orf **CO-ORDINATOR** 

Dr. S.THILAGAV MIM.E.Ph.D. SRI BHARATHI ENGINEERING

PRINCIPAL

COLLEGE FOR WOMEN Kaikkurchi - 622 303, Pudukkottai Dt.