

# SRI BHARATHI

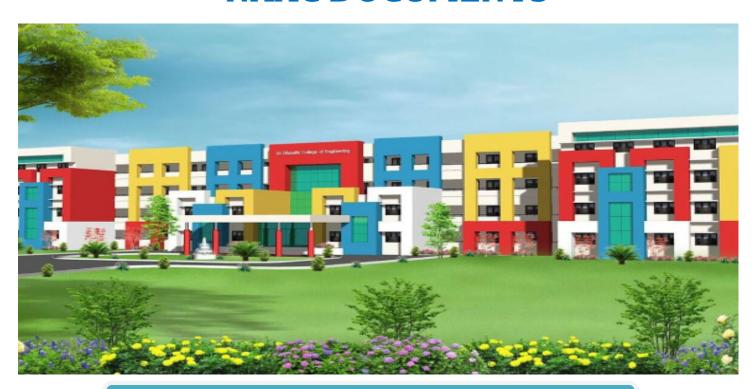
ENGINEERING COLLEGE FOR WOMEN

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)

Kaikkurichi, Pudukkottai -622 303

www.sbec.edu.in

## **NAAC DOCUMENTS**



Quality Indicator Frame Work

Criterion – 5

**Student Support and Progression** 

Submitted by

IQAC
Internal Quality Assurance Cell

Sri Bharathi Engineering College for Women



(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai-25) Kaikkurichi, Pudukkottai, Tamil Nadu – 622 303, India

#### ACADEMIC YEAR (2018-2019) /ODD SEMESTER

#### **5.1.2 LIFE SKILLS**

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#### **CIRCULAR**

Date: 29.08.2018

A Life skill programme on "Yoga in your daily life (Importance of Yoga)" will be celebrated by our college in association with RRC on 31<sup>st</sup> August 2018, Friday at 9.45 am. All Students and Faculty Members are invited to attend the program in our college auditorium.

PRINCIPAL

SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN

> KAIKKURICHI - 622 303. PUDUKKOTTAI DISTRICT

Cc:

All Faculty Members
All I, II, III & IV Year B.E Classes
IQAC Coordinator
RRC Coordinator/ RRC File
Notice Board
Office File

Dr. S.THILAGAVATHI M.E., Ph.D.,

PRINCIPAL SRI BHARATHI ENGINEERING

COLLEGE FOR WOMEN
Kaikkurchi - 622 303, Pudukkottai Dt.



(Approved By AICTE, New Delhi & Affiliated to Anna University, Chennai) **KAIKKURICHI, PUDUKKOTTAI – 622 303.** 

Cordially Invites you for the

Life Skill Programme

## YOGA IN YOUR DAILY LIFE

(IMPORTANCE OF YOGA)

In Association with RRC

31st August 2018, Friday @ 9.45 am

at

College Auditorium, SBECW

**GUEST OF HONOUR** 

Master R.Pandiyan,

PNATIONAL DAY O

(Yoga Master)

**AATHMA YOGA CENTER** 

In the Presence of

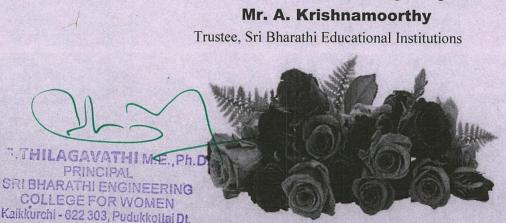
Mr.G.Dhanasekaran

Chairman, Sri Bharathi Educational Institutions

Dr.S.Thilagavathi M.E, Ph.D

Principal, Sri Bharathi Engineering College for Women







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### Kaikkurichi, Pudukkottai- 622 303. YOGA IN YOUR DAILY LIFE DAY-IMPORTANCE OF YOGA

#### **ATTENDANCE LIST**

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COORDINATOR

1.T.K.MOHANAPRIYA, AP/ECE — T. K. SHETE

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COLLEGE FOR WOMEN KAIKKURICHI-622 303. PUDUKKOTTAI DISTRICT

Dr. S.THILAGAVATHAM.E., Ph. ..

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(Approved By AICTE, New Delhi & Affiliated to Anna University, Chennai) **KAIKKURICHI, PUDUKKOTTAI – 622 303.** 

#### LIFE SKILL PROGRAMME

ON

### YOGA IN YOUR DAILY LIFE (IMPORTANCE OF YOGA)-REPORT

No. of Participants: 198

Venue: Auditorium Date: 31.08.2018

"Yoga in your daily life (Importance of Yoga)" was conducted in Sri Bharathi Engineering College for Women in association with RRC dated 31<sup>st</sup> August 2018. The Program Chief Guest was **Aathma Yogi R.Pandiyan (yoga master) Aathma yoga Foundation**. 198 students and Faculty Members had participated in the program.



Chief guest was honored by **Mr.G.Dhanasekaran**, Chairman, Sri Bharathi Educational Institution. Then, the session was handed over to Guest Mr.R.Pandiyan. He motivated the students to do aasannas like padmaasana, dandasana, etc., . Together we had performed aasannas and the session was so interactive.

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Website: www.sbec.edu.in Email:sribharathienggcollege@gmail.com

# Certificate of Participation

This is to certify that <u>Ms. MUTHUMEENA.P II/CIVIL</u> has participated in the Life Skill programme on "YOGA IN YOUR DAILY LIFE (IMPORTANCE OF YOGA)" organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Red Ribbon Club on <u>31<sup>st</sup> August 2018</u> during the academic year 2018-2019.

J.K. Ont

**CO-ORDINATOR** 

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# Certificate of Participation

This is to certify that <u>Ms. NISHA DEVI.G II/CSE</u> has participated in the Life Skill programme on "YOGA IN YOUR DAILY LIFE (IMPORTANCE OF YOGA)" organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Red Ribbon Club on <u>31<sup>st</sup> August 2018</u> during the academic year 2018-2019.

CO-ORDINATOR

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# Certificate of Participation

This is to certify that <u>Ms. SUBHASRI. T III/EEE</u> has participated in the Life Skill programme on "YOGA IN YOUR DAILY LIFE (IMPORTANCE OF YOGA)" organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Red Ribbon Club on <u>31<sup>st</sup> August 2018</u> during the academic year 2018-2019.

CO-ORDINATOR

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